

February 26, 2010

**2009-2010 Mon-Dak
Men's Basketball All Conference Team**

1st Team

Luke Martinez- WSC – Most Valuable Player
Briahn Smith- MCC
Michael Ulmer- BSC
Tarell Clark- WSC
Josh Ogden- LRSC
Charlie Chapman- WSC

2nd Team

Aaron Morris- NDSCS
Chris Davenport- DCC
Shamile Jeffers- WSC
Terry Bembry- NDSCS
Corey Kerzmann- BSC

Honorable Mention

Hanif Nixon- Hughes- NDSCS
Ivan Gombovic- LRSC
Willie Brown- MCC
John Bayo- MCC
Ismail Kareem- LRSC

**2009-2010 Mon-Dak
Women's Basketball All-Conference Team**

1st Team

Kelsey Sigl- BSC – Most Valuable Player
Sara Plavljanin- MCC
Cristin Haase- UTTC
Kristin Bearstail- UTTC
Christine Miller- WSC
Megan Groen- NDSCS

2nd Team

Paige Anderson- WSC
Mandi Bindas- LRSC
Allison Scherr- DCB
Vittoria Poole- LRSC
Adrienne Davis- BSC

Honorable Mention

Abby Nasset- WSC
Melissa Strandemo- BSC
Nicole Wells- UTTC
Ashley Holmstrom- NDSCS
Brittney Ceaser- DCC

